

Report to:	HEALTH SCRUTINY COMMITTEE
Relevant Officer:	Lynn Donkin, Consultant in Public Health
Date of Meeting:	22 March 2017

PUBLIC HEALTH UPDATE ON CHILDREN'S HEALTHY WEIGHT AND ORAL HEALTH

1.0 Purpose of the report:

1.1 To present an update on work to promote healthier weight and good oral health amongst children in Blackpool.

2.0 Recommendation(s):

2.1 The Committee is asked to note the content of the report and highlight any areas for further scrutiny which will be reported back as appropriate.

3.0 Reasons for recommendation(s):

3.1 To ensure constructive and robust scrutiny of actions to promote healthier weight and good oral health amongst children in Blackpool.

3.2a Is the recommendation contrary to a plan or strategy adopted or approved by the Council? No

3.2b Is the recommendation in accordance with the Council's approved budget? N/A

3.3 Other alternative options to be considered: None

4.0 Council Priority:

4.1 The relevant Council Priority is "Communities: Creating stronger communities and increasing resilience".

5.0 Background information

5.1 This report presents the latest data on child obesity and oral health in Blackpool alongside an overview of the current strategies and action plans to promote healthier weight and good oral health amongst children in the town.

6.0 Picture of child weight and oral health in Blackpool

6.1 Child obesity and poor oral health are both important public health issues affecting Blackpool's children. Blackpool rates are higher than average, and whilst rates of childhood obesity appeared to plateau nationally this slow-down was not seen locally or in other socially disadvantaged areas. So our local population experiences higher than average levels of overweight children and obesity, and rates continue to rise faster than average which is widening the inequality between Blackpool and the national average. Similarly, Blackpool children suffer from considerably worse oral health than the rest of England.

7.0 Promoting healthier weight and good oral health amongst children

7.1 The attached paper describes the national and local strategies and approaches relevant to promoting healthier weight and good oral health amongst children in the town. Action plans arising from local strategies are described and progress to date is highlighted.

Does the information submitted include any exempt information?

No

List of Appendices:

Appendix 7(a) – Public health update on children's weight and oral health in Blackpool

8.0 Legal considerations:

8.1 None

9.0 Human Resources considerations:

9.1 None

10.0 Equalities considerations:

10.1 None

11.0 Financial considerations:

11.1 None

12.0 Risk management considerations:

12.1 None

13.0 Ethical considerations:

13.1 None

14.0 Internal/External Consultation undertaken:

14.1 N/A

15.0 Background papers:

15.1 Department of Health. [Childhood Obesity: A Plan for Action](#), London, August 2016.

Department of Health.

[Delivering Better Oral Health: an evidence-based toolkit for prevention \(3rd edition\)](#), London, 2014.